

## OBESITY AND METABOLIC SYNDROME: AN UPDATE

### Programme

#### June 16<sup>th</sup>

14h00-15h00 Metabolic syndrome and complications of obesity (*Helena Oliveira*)

15h00-16h00 Metabolic syndrome in children – difficulties (*Henedina Antunes*)

16h00-17h00 Cardiovascular effects of childhood obesity in the adult. How to prevent? (*Julie Lanigan*)

17h00-17h30 *Coffee-Break*

17h30-18h30 Role of CNS in appetite and metabolism regulation (*Vincenzo Di Marzo*)

18h30-19h30 Endocannabinoids: central and peripheral mechanisms (*Vincenzo Di Marzo*)

#### June 17<sup>th</sup>

9h00-10h00 Role of adipokines in obesity and metabolic syndrome (*Helena Oliveira*)

10h00-11h00 Inflammation and metabolic syndrome (*Helena Oliveira*)

11h00-11h30 *Coffee-Break*

11h30-12h30 Treatment: The role of dietary and lifestyle modifications (*Nuno Borges*)

12h30-14h00 *Lunch break*

14h00-15h00 Treatment: The role of surgical interventions (*Mariana Monteiro*)

15h00-16h00 Novel targets for drug based interventions in obesity and metabolic syndrome (*Carlos Dieguez*)

16h00-16h30 *Coffee-Break*

17h00-18h00 Genetics of obesity and metabolic syndrome (*Philippe Froguel*)

18h00 Closure